

San Diego's

# ELDER CARE RESOURCE TEAM

is available to meet your speaking needs.



**Who we are.** The Elder Care Resource Team is a group of unaffiliated, independent professionals who are dedicated to educating and assisting the community concerning the complicated issues facing the aging population. Please visit our website at [www.eldercareresourceteam.com](http://www.eldercareresourceteam.com)

Our members are local professionals with speaking experience on a wide range of topics. Individual or panel presentations are available at no cost.

### **A sample of available topics:**

Avoiding financial pitfalls during retirement •  
Caregiver issues: self-care and positive adaptation • Benefits planning and retention •  
Effective estate planning techniques •  
Facilitating effective family conversations •  
Insuring and protecting your loved ones' personal possessions • Managing bills and paperwork • Dementia care: Strategies and resources • Reverse mortgages • Nutritional deficiencies and the symptoms of aging • Home and community-based resources for long-term care

We will customize an informational, engaging, and non-promotional presentation to meet the unique needs of your venue and audience.

### **Speakers bureau members:**

Amy Abrams, Geriatric Care Manager • Jim Colville, Accountant & Tax Specialist • Lauren Derstine, Daily Money Manager • Irving Eisenberg, Financial & Investment Advisor • Julia Fagin, Personal Insurance Lines Agent • Joan Kallin, Geriatric Nurse Practitioner • Debra Lobatz, Marriage and Family Therapist • Michael Pohl, Mortgage Broker • Richard Scott Stewart, Elder Law Attorney • Elizabeth Wagner, Dietician & Nutritionist

References and biographical information are available. For more information, please contact Amy Abrams at [aabrams@eldercareguides.com](mailto:aabrams@eldercareguides.com), or (619) 450-4300.